

The Pub Down Under Blues Café & Sports Bar

and the

Fireside Dining Room

**Great Food
Music & Sports**

'Round Back & Down Under

at

Harmony Ridge

1280 Breitenstein Road

Ambridge, PA 15003

724-266-2414

www.harmonyridgeevents.com

The Pub Down Under

Blues Café & Sports Bar

Good Friends, Food, Music, & Sports

APPETIZERS

Nachos & Cheese.....\$4.95

Topped with cheese and jalapeño's

Taj Mahal Nachos Grande.....\$7.95

Crisp tortillas, tomato, scallions, jalapeno, black olives, and nacho cheese sauce and baked with cheddar and mozzarella cheeses add taco chili or grilled chicken for a 2 Bucks!!

Chicken Quesadilla.....\$7.95

Cajun chicken with tomatoes and onion tortilla with pepper jack and cheddar cheeses served with sour cream and salsa

Breaded Chicken Tenders.....\$5.95

Served with ranch, bbq sauce or Honey mustard (Also served buffalo style)

Garlic Shrimp\$9.95

3 Large Shrimp sautéed in Garlic, Butter, and White Wine - Scampi Style. Served with toast points.

Spinach & Artichoke Dip.....\$7.95

A creamy blend of Spinach, Artichokes, and Melted Cheeses. Served with Salsa and Tortilla Chips.

Chester Arthur Burnett (1910 –1976), known as Howlin' Wolf, was an influential American blues singer, guitarist and harmonica player. More than just a great showman, "the howler" was an almost transcendent performer, losing himself in the power of the music and letting it flow uninhibitedly through his voice. Wolf could whip the crowd into a frenzy like no other performer, and his stature — at more than 6 feet tall and 300 or so pounds — matched his formidable musical presence. His voice was truly original, a nasty sounding, expressively gritty growl that conveyed the meaning of the lyrics — many of them penned by legendary songwriter Willie Dixon. Wolf was a hero of many equally gritty rock and rollers, including the Rolling Stones. Like many Mississippi bluesmen, Wolf saw his career take off in Chicago, where to this day he is an enduring and beloved part of the city's history.

MUNCHIES

Cheese Fries.....\$3.95

Bacon Ranch Cheese Fries\$4.95

Chili Cheese Fries\$4.95

Breaded Provolone Sticks.....\$4.95

Served with Marinara sauce

Italian Breaded Zucchini.....\$4.95

Hand breaded zucchini served with marinara sauce and lemon

Henry Saint Clair Fredericks (born May 17, 1942), who uses the stage name Taj Mahal, is a Grammy Award winning blues musician. He incorporates elements of world music into his music. A self-taught singer-songwriter and film composer who plays the guitar, banjo and harmonica (among many other instruments), Mahal has done much to reshape the definition and scope of blues music over the course of his almost 50 year career by fusing it with nontraditional forms, including sounds from the Caribbean, Africa and the South Pacific.

Soups

Homemade Soup of the Day

Cup.....\$2.75 Bowl.....\$3.75

Ask your server about Today's Soup

Howlin' Wolf Chili

Cup.....\$3.75 Bowl.....\$4.75

Harmony Ridge's Award Winning Chili – Just Right!

A favorite among Blues Lovers

Lobster Bisque

Cup.....\$3.75 Bowl.....\$4.75

Only Available on Fridays (and sometimes other days)

Ask your server!

All of our soups are prepared fresh daily for your enjoyment. Served with choice of crackers or a breadstick

Where did the blues come from?

Blues originated in the pre-Civil War plantation fields. Slaves would participate in "call and response" songs. A lead singer would recite a line and the others would echo the line back to him. Afterwards a different line would be sung all together. This was the earliest origin of the verse pattern sometimes referred to as "AAB" (phrase "A" sung twice then phrase "B" sung once). The "AAB" pattern is very common in 12-bar blues songs.

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ENTREES

Chicken Marsala..... \$11.95
Sautéed chicken breast with mushrooms finished in a Marsala wine sauce

Blind Lemon Jefferson Chicken.\$11.95
Sautéed chicken breast with lemon and capers finished in a white wine sauce

Son House Chicken Basket.....\$8.95
House Specialty Chicken Seasoned then Roasted.
Served with dipping sauce

Ethel Waters Broiled Tilapia.....\$10.95
Soothingly Broiled with lemon pepper or garlic and butter

Crab Stuffed Tilapia.....\$12.95
Helen's Homemade Crab Stuffing -

Billie Holiday Blackened Tilapia.\$10.95
Broiled with lemon pepper or garlic and butter

Bessie Smith Crab Cakes.....\$12.95
Homemade Crab Cakes suitable for the Empress of Blues

Pork Tenderloin Piccata.....\$11.95
Flattened Tenderloin prepared with lemon and capers finished in a white wine sauce

Stuffed Pork Chop\$11.95
Thick Cut Juicy Pork Chop Stuffed and Baked

Big Joe Turner Country Ribs.....\$11.95
Slow Cooked, Tender, Meaty Barbequed Country Ribs

All entrée's are served with a salad and roll, oven roasted red potatoes and the vegetable of the day

Baked Potatoes are available on Friday Only

Eddie James "Son" House, Jr. (1902 – 1988) was an American blues singer and guitarist. House pioneered an innovative style featuring strong, repetitive rhythms, often played with the aid of slide guitar, and his singing often incorporated elements of southern gospel and spiritual music. House did not learn guitar until he was in his early twenties, as he had been "churchified", and was determined to become a Baptist preacher. He played as a sideman for Charlie Patton and Willie Brown. In 1930, House made his first recordings for Paramount Records. However, these did not sell well due to the Great Depression, and he drifted into obscurity. He was recorded again by John and Alan Lomax for the Library of Congress in 1941 and '42. Afterwards, he moved north to Rochester, New York, where he remained until his rediscovery in 1964, spurred by the American folk blues revival. Over the next few years, House recorded several studio albums and went on various tours until his death in 1988. His influence has extended over a wide area of musicians, including Robert Johnson, John Hammond, Alan Wilson (of Canned Heat), Bonnie Raitt.

STEAKS & GRILL

Sirloin Steak* 8 oz\$10.95
Hand Cut Choice Black Angus Sirloin Steak
Grilled to your liking 12 oz\$14.95

New York Strip Steak*.....\$18.95
12 oz Hand Cut Choice Black Angus Strip Steak
Grilled to your liking

Delmonico Steak*\$24.95
16 oz Hand Cut Choice Black Angus Delmonico Steak
Grilled to your liking

Pork Chop*\$12.95
Thick Cut Pork Chops Seasoned and Grilled

Chicken Breast*\$10.95
Tender 8 oz. Chicken Breast Grilled with your choice of seasoning – Lemon Pepper, Garlic, Cajun, Lawry's

All Steaks and Grilled Foods are served with a salad and roll, oven roasted red potatoes and the vegetable of the day.

Baked Potatoes are available on Friday Only

*"Consuming under cooked meat, seafood, and shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions."

Big Joe Turner (1911 – 1985) was an American blues shouter from Kansas City, Missouri. According to the songwriter Doc Pomus, "Rock and roll would have never happened without him." Although he came to his greatest fame in the 1950s with his pioneering rock and roll recordings, particularly "Shake, Rattle and Roll", Turner's career as a performer stretched from the 1920s into the 1980s.

PASTA

Angel Hair & Meatballs.....\$8.95
Angel Hair Pasta with Marinara and Meatballs

Fettuccini Alfredo.....\$9.95
Add Broccoli 1.00 Chicken... \$2.00 Shrimp... \$4.00

Mississippi John Hurt Scampi...\$11.95
Sautéed gulf shrimp in Sautéed garlic, butter, wine with angel hair pasta

Chicken Parmesan.....\$10.95
Hand Breaded Chicken Breast, Provolone, Marinara over Angel Hair

Bruschetta Chicken.....\$10.95
Grilled Chicken atop Tomato Bruschetta Tossed Linguine

All Pastas served with tossed salad and rolls

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Burgers

The B.B. King Burger *.....\$9.95

1 lb. Choice Angus Burger The King of all Burgers!
Order with or without the Bun! The Only Burger we know
that's suitable for the King of the Blues!

Pub Down Under Burger *.....\$6.95

1/2 lb. Choice Angus Burger.

Baby Face Burger *.....\$4.95

1/4 lb. Choice Angus Burger.

Our Burgers are all made with FRESH Butcher's Choice
Angus Ground Beef, then cooked to your liking.
Served with Lettuce, Tomato & Mayo on a Toasted Bun,
Pickle slices and our Gourmet Potato Salad

All Burgers Can Be Ordered Any Style: add \$1

Classic Cheese Burger – Choice of Cheese

Bacon Cheese Burger – Just what it says

Blackened Blues Burger - Blackened w/Blue Cheese

Mushroom Swiss Burger – Yep, you got it

Philly Burger – Swiss, Sauteed Peppers & Onions

Juicy Lucille - add \$5 – Burger topped with Swiss
Cheese, Sliced Prime Rib au jus and carmelized onions.

Riley B. King (born September 16, 1925), known by the stage name
B.B. King ("B.B." short for Blues Boy), is an American blues guitarist
and singer-songwriter acclaimed for his expressive singing and fluid,
complex guitar playing. *Rolling Stone* magazine ranked him at No.3 on
its list of the "100 greatest guitarists of all time". King "introduced a
sophisticated style of soloing based on fluid string bending and
shimmering vibrato that would influence virtually every electric blues
guitarist that followed." King has been inducted into the Rock and Roll
Hall of Fame.

Wings

Lightnin' Hopkins Wings.(10).....\$6.95

(20)...\$12.95

Hot, Mild, BBQ, Cajun, Seasoned, Garlic & Butter or
our Signature Sweet and Spicy

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your risk of food borne illness, especially if you have certain medical conditions."

Flat Breads

White Chicken Flat Bread.....\$6.95

Grilled Chicken and Broccoli sautéed in Butter and garlic
and topped with mozzarella cheese

Bruschetta Flat Bread.....\$6.95

Tomato, onions and garlic covered with mozzarella and
provolone cheese and grilled to perfection.

Buffalo Flat Bread.....\$6.95

Buffalo Chicken with covered with mozzarella and Blue
cheese and grilled to perfection. Topped with diced
carrots and celery.

Pepperoni Flat Bread.....\$6.95

Tomato sauce with mozzarella and pepperoni grilled to
perfection.

Chicken Bacon Ranch\$6.95

Grilled Chicken with bacon, tomatoes, onions, garlic, and
ranch dressing, served with mozzarella cheese.

Salads

Grilled Chicken Salad.....\$8.95

Mixed greens with tomatoes, cucumber, red onion and
cheddar cheese topped with Grilled Chicken, French fries
and hard-boiled egg. Also served:

Buffalo Style, Cajun Style, or Southern Fried

Magic Slim Taco Salad.....\$9.95

Seasoned Ground Beef with a mixture greens with
tomatoes, cucumber, red onion and cheddar cheese.
Served with Corn Chips and Cajun Ranch Dressing.

Etta James Chef's Salad.....\$9.95

Mixed greens with tomatoes, cucumber, red onion and
cheddar cheese topped with Turkey, Ham and
Swiss Cheese, and hard-boiled egg.

Elmore James Steak Salad *.....\$10.95

Grilled Hand Cut Sirloin Steak with French fries over
mixed greens with tomatoes, cucumbers, red onion,
cheddar and mozzarella cheeses

Sam John Hopkins (1912 - 1982), better known as Lightnin' Hopkins, was an American country blues singer, songwriter, guitarist and occasional pianist,
from Houston, Texas. *Rolling Stone* magazine included Hopkins at number 71 on their list of the 100 greatest guitarists of all time. Hopkins' style was born
from spending many hours playing informally without a backing band. His distinctive fingerstyle playing often included playing, in effect, bass, rhythm,
lead, percussion, and vocals, all at the same time. He played both "alternating" and "monotonic" bass styles incorporating imaginative, often chromatic
turnarounds and single note lead lines. Tapping or slapping the body of his guitar added rhythmic accompaniment.

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SANDWICHES

Grilled Chicken Sandwich\$6.95

Chicken breast grilled with season salt served on a toasted bun with Lettuce, Tomatoes and Mayo on the side

Cajun Chicken Sandwich\$7.95

Grilled Chicken breast with Cajun seasoning, sautéed onion, Provolone Served on a toasted bun with lettuce, tomato and mayo

Chicken Club Sandwich\$6.95

Chicken breast breaded and deep fried or grilled Served with Bacon and Cheddar Cheese Includes lettuce and tomato mayo on side

Chicken Parmesan Sandwich ...\$6.95

Chicken breast breaded and deep fried Served on a open faced toasted bun with marinara and provolone

Fried Chicken Sandwich\$6.95

Chicken breast breaded and deep fried Served on a toasted bun with Lettuce, Tomatoes and Mayo

Grilled Cheese & Bacon.....\$5.95

Texas toast with American Cheese, Bacon and tomato

Rachelle.....\$7.95

Roasted Turkey Breast topped with Coleslaw and Swiss cheese and finished with our Ranch dressing on Cellone's Marble Rye.

Reuben Sandwich.....\$7.95

Tender Sliced Corn beef, topped Sauerkraut and Swiss Cheese and finished with Thousand Island Dressing on Cellone's Marble Rye.

Tilapia Sandwich.....\$7.95

Beer Battered Tilapia served on a toasted bun with fries

Italian Hoagie \$7.95

8 inch hoagie rolls filled with ham, pepperoni, salami, provolone, lettuce, tomato, raw onion and banana pepper and finished with our Italian dressing.

The 1920s is considered the decade that the blues became commercial, but it was the women who dominated this era, not the men. Some of the women that bought the blues to a wider audience are pictured on our walls.

SIGNATURE SANDWICHES

Leadbelly's Volcano Meatball....\$6.95

Garlic Toasted Bread Bowl loaded with homemade meatballs, sauce and mozzarella cheese.

Pittsburgh Cheese Steak.....\$8.95

8oz all beef burger grilled and served on garlic toasted Hoagie roll with Peppers, Onion, Mushrooms, Swiss, Lettuce & Tomato, and topped with Fries.

Keb Mo' Prime Rib Sandwich.... \$9.95

Tender Prime Rib served with provolone on a toasted hoagie roll. Au jus and horseradish served on the side

Giant Cod Sandwich..... \$8.95

A Large Atlantic Cod Filet batter dipped and deep fried served on a toasted bun. Served with Mac and Cheese and Coleslaw Available on Friday's only.

Freddy King Pulled Pork..... \$7.95

Slow roasted barbequed pulled pork on a large toasted bun – Fit for a King!

Huddie William Ledbetter (January 20, 1888 – December 6, 1949) was an iconic American folk and blues musician, notable for his strong vocals, his virtuosity on the twelve-string guitar, and the songbook of folk standards he introduced. He is best known as Lead Belly. Though many releases list him as "Leadbelly", he himself spelled it "Lead Belly". This is also the usage on his tombstone, as well as of the Lead Belly Foundation. Although Lead Belly most commonly played the twelve-string, he could also play the piano, mandolin, harmonica, violin, and accordion. In some recordings he just sings while clapping his hands or stomping his foot.

WRAPS

Turkey & Bacon Wrap.....\$7.95

Served with Avocado, shredded Lettuce and diced tomato on a Sun dried Tomato wrap

Chicken Wrap\$6.95

Grilled seasoned chicken breast served on a whole wheat wrap with melted provolone and mozzarella cheese served with lettuce, tomato and guacamole spread on the side.

All sandwiches served with Pickle and our Gourmet Potato Salad

Robert Leroy Johnson (1911 - 1938) was an American blues singer and musician. His landmark recordings from 1936-37 display a combination of singing, guitar skills, and songwriting talent that have influenced later generations of musicians. Johnson's shadowy, poorly documented life and death at age 27 have given rise to much legend, including a Faustian myth. As an itinerant performer who played mostly on street corners, in juke joints, and at Saturday night dances, Johnson enjoyed little commercial success or public recognition in his lifetime.

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KID'S CORNER

All Kid's Meals \$4.50

- Chicken Fingers & Fries
- Linguini & Meatball
- Linguini & Alfredo
- Grilled Cheese & Fries
- Cheeseburger & Fries
- Grilled Chicken Salad

All Kids Meals include a Free Brownie or Chocolate Chip Desert

SIDES

All Side Dishes.....\$1.95

With any entrée or sandwich

- French Fries
- Gourmet Potato Salad
- Coleslaw
- Applesauce
- Mac & Cheese
- Side Salad

History of the Blues

Blues along with its Jazz counterpart, is the only true American music form. Blues has its deepest roots in the work songs of the slaves in the South. During their work in the fields of the Southern plantations, the slaves developed a "call and answer response" way of singing to give rhythm to the drudgery of their servitude. These "field hollers" as they were known as served as a basis of all blues music that was to follow.

Following the end of the Civil war, black men had few options other than backbreaking manual field labor or becoming a traveling minstrel. Many chose the occupation of traveling minstrel play raucous, all-night country dances, fish-fries, and juke joints. These musicians relied on their physical stamina and mental repertoire of many blues songs. Although, the lyrics of many blues songs are soulful and melancholy, the music as a whole is powerful emotive and rhythmic music celebrating the life of black Americans. Their lyrics reflected daily themes of their lives including; sex, drinking, railroads, jail, murder, poverty, hard labor and loves lost.

Although it is difficult to pin down, one of the first documented blues to be written is W. C. Handy's "Memphis Blues" written in 1909. The popularity of country blues grew among Sothern black folks during the teens and 1920's. During the late 1920's, with the advent of the 78 rpm phonograph, some of the more popular country blues artists were recorded by Paramount, Aristocrat and other record labels. During the period of 1941-1943 the famous blues folklorist Alan Lomax made field recordings of bluesmen in their surroundings. This very import work served to expose white folks to the blues, as well as give the fledgling artist exposure to national, yet segregated record labels. During the Great Depression, blacks migrated north along the route of the Illinois Central Railroad toward Chicago. They brought with them blues music, and soon the sound of it filled rowdy urban nightclubs. To compensate for the loud crowds and bigger venues, some of the more inventive performers such as Muddy Waters and Howlin Wolf, made the switch to electric guitars and added drum sets to their bands, which created the Chicago Blues, which was more powerful than its predecessor. Blues fell somewhat out of favor until the late 1950's when in 1958 the Kingston Trio recorded the number 1 hit, "Tom Dooley", and gave birth to the folk revival. For seven year, from 1959-1966, the Newport Folk Festival reintroduced folk and blues music to a mainstream white American audience. After this time, blues was increasingly merged with rock music to form the rock blues bands of the 1960's and 70's, such as, The "Rolling Stones, John Mayall, Led Zeppelin and others which carried on the noble tradition of their forefathers, the blues minstrels.

Today, there are four main types of Blues Music. (1) The "Delta Blues which is the original type of blues music. Originally was played by itinerant black men for the Mississippi delta region. Sometime these groups would include harmonica and piano, (2) The Chicago Blues occurred when the Delta blues musicians brought their music north to Chicago where the use of electric guitars, electronic voice amplification using microphones, the addition of a drum set, horns. (3) Texas Blues which is similar to the Chicago blues. It included the same instrumentation as the Chicago style. (4) Blues Rock which originated in the early 1960's during the folk revival and this style of blues was directly influenced by a combination of the Delta and Chicago blues. Young white musicians copied the lyrical styling and high energy of the earlier players, and cranked up both the volume and beat. Some of the famous groups and individual performers that typify this style include the Rolling Stones, ZZ Top, the Doors, and Credence Clearwater Revival, as well as individuals such as, Eric Clapton, Stevie Ray Vaughn, and George Thorogood, Ray Charles, B.B. King.

BEVERAGES

- Coffee or Tea\$1.50
- Coke, Sprite, Diet Coke, Ginger Ale.....\$1.50
- Milk or Chocolate Milk.....\$1.75
- Cranberry Juice or Lemonade.....\$1.85
- Espresso.....\$3.50

Prepared Mild, Medium, Bold, Extra Bold

Ask your server for our any special requests



BEER & WINE

DRAFT BEER

- Miller Lite, Coors Lite.....\$2.50
- Yuengling.....\$3.50
- Sam Adams Seasonal.....\$4.00
- Blue Moon.....\$4.75
- Rail Bender Ale.....\$4.75

CORBET CANYON WINES

- Pinot Grigio, Chardonnay, Merlot, Pinot Noir, Cabernet \$4.00

Ask your server for our complete Wine and Beer List